Wellbeing Wonderland

School holiday workshop

2-day workshop with outdoor activities and a trip to the movies.
An opportunity for young people to be themselves as they make new friends, have fun goal setting and learn how to overcome obstacles.

8-12 years
Monday 15 + Tuesday 16 July
9.30am - 2.30pm

11-15 years
Wednesday 17 + Friday 19 July
9.30am - 2.30pm

Where	HelpingMinds, 180 Durlacher St, Geraldton WA
Who	Children aged 8-12 yrs and 11-15 yrs who have emotional difficulties or are at risk of developing a mental health challenge
Cost	Free | Lunch and snacks provided

Register online helpingminds.org.au/school-holidays

For more information contact us on (08) 9427 7100 or info@helpingminds.org.au

helpingminds
Mental Health Services & Carer Support

helpingminds.org.au