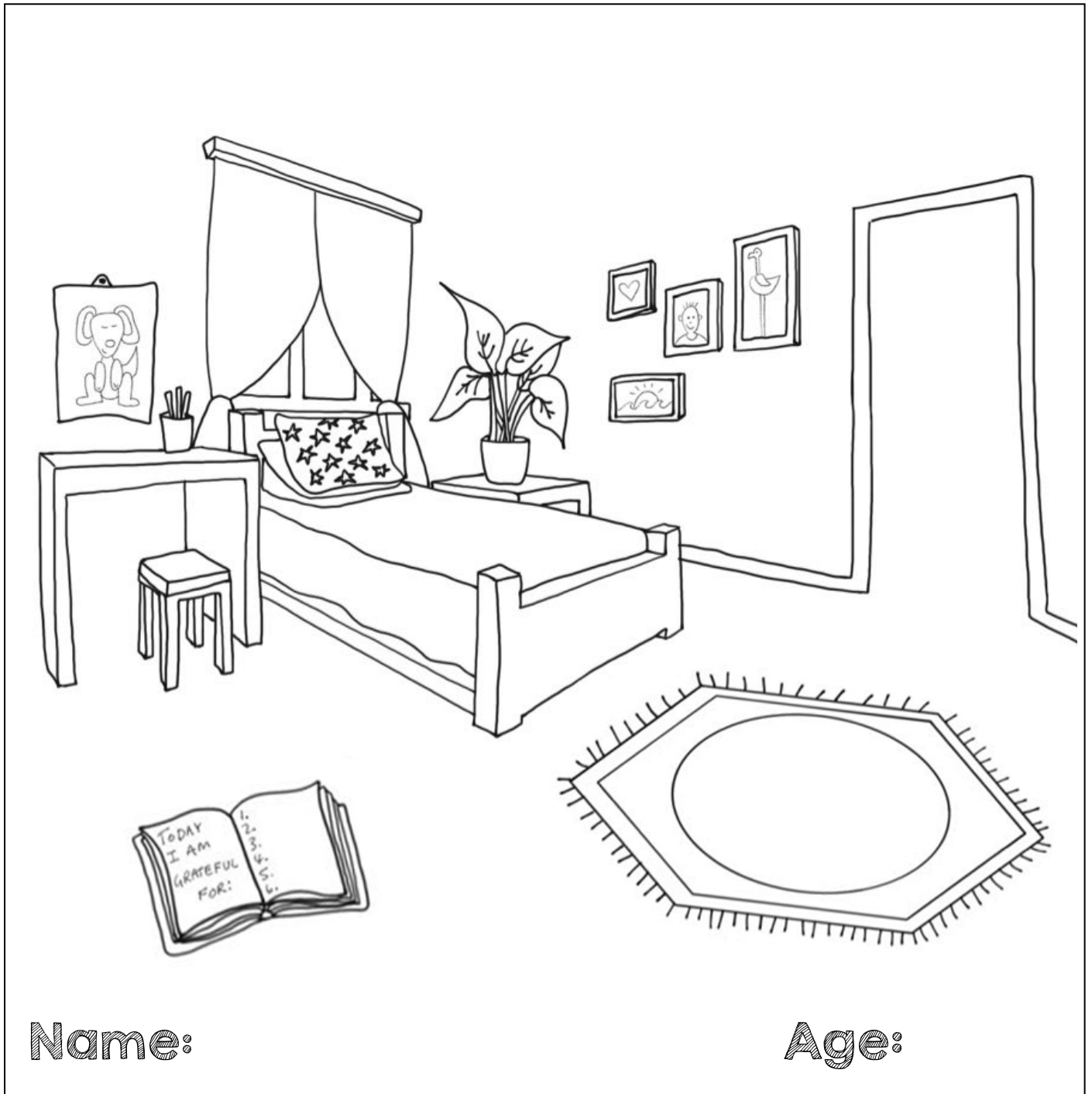


# Colour-in and WIN!



Enter our colouring-in competition and you could **WIN a \$30 gift card.**

Print this page and colour it in with your pencils, textas or paints - let your imagination go wild! Alternatively, you can colour it in digitally using your tablet or computer. When you've completed your masterpiece, take a photo or screenshot. You can either email it to [marketing@helpingminds.org.au](mailto:marketing@helpingminds.org.au), send it to us on **Facebook** OR tag us on **Instagram** using **@HelpingMindsAU** - entries close Monday 25 May 2020. Good luck!



**free call 1800 811 747**  
**helpingminds.org.au**

Competition is open to young people aged 5–16 years, and you can enter as many times as you like! Competition closes 25 May 2020. One winner will be chosen in each category: 5–8, 9–12 and 13–16 years. Winners will be notified by email, Instagram or Facebook, depending on entry method.