

## Our Statement of Commitment

### to Safeguarding Children and Young People

HelpingMinds is committed to the safety and wellbeing of children and young people by providing counselling support and workshops for young carers and early intervention for young people who are at risk of developing mental ill-health. This statement outlines our commitment to safeguarding children and young people by providing a child safe environment where children and young people are safe and feel safe.

We promote a family-inclusive culture, with children and their families to ensure children's voices are heard about decisions that affect their lives.

We take seriously our responsibility to always providing safe environments for the children and young people participating in our programs and workshops. We are committed to ensuring we are culturally respectful and inclusive. We have adopted and continue to monitor our compliance with the National Principles for child safe organisations.

### NATIONAL PRINCIPLES FOR CHILD SAFE ORGANISATIONS

1. Child safety and wellbeing is embedded in organisational leadership, governance, and culture.
2. Children and young people are informed about their rights, participate in decisions affecting them and are taken seriously.
3. Families and communities are informed and involved in promoting child safety and wellbeing.
4. Equity is upheld, and diverse needs respected in policy and practice.
5. People working with children and young people are suitable and supported to reflect child safety and wellbeing values in practice.
6. Processes to respond to complaints and concerns are child focused.
7. Team members are equipped with the knowledge, skills, and awareness to keep children and young people safe through ongoing education and training.
8. Physical and online environments promote safety and wellbeing while minimising the opportunity for children and young people to be harmed.
9. Implementation of the national child safety and wellbeing principles is regularly reviewed and improved.
10. Policies and procedures document how the organisation is safe for children and young people.